

EAST ANTRIM BOAT CLUB

88 Coastguard Road, Larne, BT40 2AU

Covid-19 Specific Risk Assessment for
the Return to Outdoor Activity- April
2021

Activity Risk Assessment

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Hazards		Control Measures	
Hazard- spread of covid-19	Uncontrolled Rating	Control Measure	Controlled Rating
General	Medium	<p>Anyone who is feeling unwell or displaying any symptoms of Covid-19 should not be on the club premises.</p> <p>Track and Trace forms in clubhouse entrance area for members to sign and date when on site. During organised activity online booking is essential and will suffice as track and trace records.</p> <p>Communication to members with up-to-date guidance issued (group sizes and permitted activity)</p> <p>Signage displayed around the club and grounds in line with government health advice.</p>	Medium
Dinghy Park (moving boats and preparing to sail)	Medium	<p>Group sizes maintained within government regulations. Online booking system for organised training and racing will regulate numbers.</p> <p>Members to be 'distance aware' and during 'recreation activity' should make dynamic assessments to adhere to social distancing and not exceed group numbers.</p> <p>Everyone must maintain a 2-metre distance when in the dinghy park/ club grounds.</p> <p>Groups preparing for racing to move boats to allocated 'zone' to maintain distancing between groups. Sailors should move their boats from the dinghy park to the slipway in order of their need to launch, i.e. earliest scheduled start time should move to 'zone 3' nearest to the slipway. This will avoid boats needing to pass each other and unnecessary congestion on the slipway. Please do not block single passageways where others will need to pass.</p> <p>Zoned areas to be marked on ground and numbered 1,2,3 for clarity (see Appendix 1: map of club with dinghy park zone marking)</p>	Low

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Dinghy launching	Medium	<p>Users should take care to keep social distancing when passing other boats when launching and recovering.</p> <p>For recreational activity groups must not exceed 10 people from 2 different households. There must be no crossover between groups (even on the water).</p>	Low
Safety Boat	Medium	<p>Racing will only be held in (at worst) moderate conditions. Competitors will be discouraged to compete if they feel that the conditions are beyond their limits.</p> <p>Safety boat crew will, where possible, be from the same household or maintain social distancing adhering to the Team sport risk assessment 'multi household boating' (APPENDIX 2)</p> <p>Safety boat crew will be advised of techniques where they can maintain distance when appropriate (towing from astern rather than alongside, flicking the mast to aid in capsized recovery, etc).</p> <p>Safety boats used for training will be driven by instructor/coach and will only be in direct contact with sailors if necessary for safety reasons.</p> <p>Mitigations for safety boat crew will include wearing a 'buff' neck scarf which can easily be placed over the nose and mouth in a scenario where people come into close contact i.e. for multi household crews or when aiding a dinghy (<2meters) in a safety boat capacity or coaching role.</p> <p>Safety boats are cleaned after each day's use.</p>	Low
Training	Medium	<p>Group sizes maintained within government regulations. Online booking system for organised training and racing will regulate numbers. (Group sizes may be 15 people to include the coach/instructor)</p>	

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		<p>Training will be in single handers and group sizes will be adhered to in line with government regulations.</p> <p>Participants in multi household boats should be competent sailors (an advised minimum level 3) and should risk assess according to the Team sport risk assessment (APPENDIX 2)</p> <p>Sailors to arrive changed for sailing and either leave in sailing gear or change at cars.</p> <p>Essential participants only i.e., responsible adult drop off children and leave/ remain in cars.</p> <p>Instructors to take briefings/ debrief outdoors</p> <p>Instructors to remind younger sailors (U18's) that clubhouse facilities are closed except for use of toilet and encourage social distancing and good hand hygiene.</p> <p>Beginners cannot be accommodated due to need for close contact supervision. Sailors on courses will have a minimum level 2 and can sail solo.</p>	
<p>Dinghy Racing Competitive sport to resume from 23rd April 2021</p>	<p>Medium</p>	<p>Competitive sport is permitted from 23rd April 2021 with numbers (including participants, officials, management and essential support personnel) not exceeding 100.</p> <p>No spectators are permitted so anyone in a non-official role must not remain on site.</p> <p>Parents/ guardians are permitted on site to 'drop off' but must not remain on site for racing as they then become a spectator. Parents/guardian may wish to volunteer for roles helping with the race organisation if travelling home is an issue. E.g. Slipway manager role required each week on shore, Rescue crew may be required.</p> <p>Group sizes maintained within government regulations. Online booking system for racing will regulate numbers.</p>	<p>Low</p>

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		<p>Limited to members only to maintain covid standards and numbers.</p> <p>Racing will be in single handers or boats where crews are members of the same household/bubble in line with government regulations. Participants in multi household boats should be competent sailors (an advised minimum level 3) and should risk assess according to the Team sport risk assessment (APPENDIX 2).</p>	
Keelboat Racing	Medium- High (dependent on boat)	<p>Keelboat racing (Tuesday and Thursday Series and regattas) are able to resume in line with current guidelines. Numbers (including participants, officials, management and essential support personnel) not exceeding 100.</p> <p>Online booking will be essential for racing to manage numbers.</p> <p>The nature of keelboat racing and cruising generally requires multi household mixing. Members should risk assess their own boat accordingly using the Team Sport Risk Assessment ‘multi household boating’ (APPENDIX 2)</p> <p>Each boat will have individual requirements and ability to maintain social distancing according to size and layout. Numbers should be kept to a minimum and distance between crews kept to a maximum. Crews who are in the ‘medium risk’ category after risk assessment may choose mitigations such as wearing a ‘buff’ neck scarf that can be worn over the nose and mouth when less than 1 metre distance to another crew member for ‘non-fleeting’ interactions on board.</p> <p>Crews should remain above deck and no more than 1 person to go below deck at a time.</p> <p>Crews should be competent and assess their own ability for the conditions and ability to maintain distance on board.</p>	Medium
Yard Activities including keelboat launching	Medium	<p>From 1st April group sizes should not exceed 10 people from 2 households (this may restrict ability to launch)</p>	Low

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		<p>Members should maintain social distancing (2 meters) when preparing and launching boats.</p> <p>When working on keelboats in yard members should be aware of other users and avoid gatherings. In particular avoid contact with persons at adjacent boats who may be in close proximity.</p> <p>Activity should be organised by responsible member and operations managed to ensure safety and social distancing are possible.</p> <p>Launching/ recovery slots should be booked with yard supervisors to avoid congestion and maintain safety standards.</p> <p>Yard supervisors to control use of blocks, shackles, brake, bars, wire ropes, chains, jacks etc., to minimise number of persons handling this equipment.</p> <p>When using shared yard equipment (at winch house/ workshop/ container/ tractor etc) members should observe good hand hygiene and maintain social distancing. Wearing of PPE equipment may be necessary in certain scenarios.</p>	
Outdoor shower/ changing	Low	<p>Single outdoor shower limited to one person at a time.</p> <p>Social distancing should be observed.</p>	Low
Race Committee boat	High	<p>All races will be started and finished from a Committee Boat. Only one person will be permitted in the Committee Boat unless mitigations are in place. A distance of 2 metres should be maintained at all times.</p>	Low
Club Toilets	High	<p>Club toilets are currently available for member use</p> <p>Numbers are strictly limited to 2 people in the toilet facility to maintain social distancing and avoid close contact.</p> <p>Members should wear masks when entering the club building.</p>	Low

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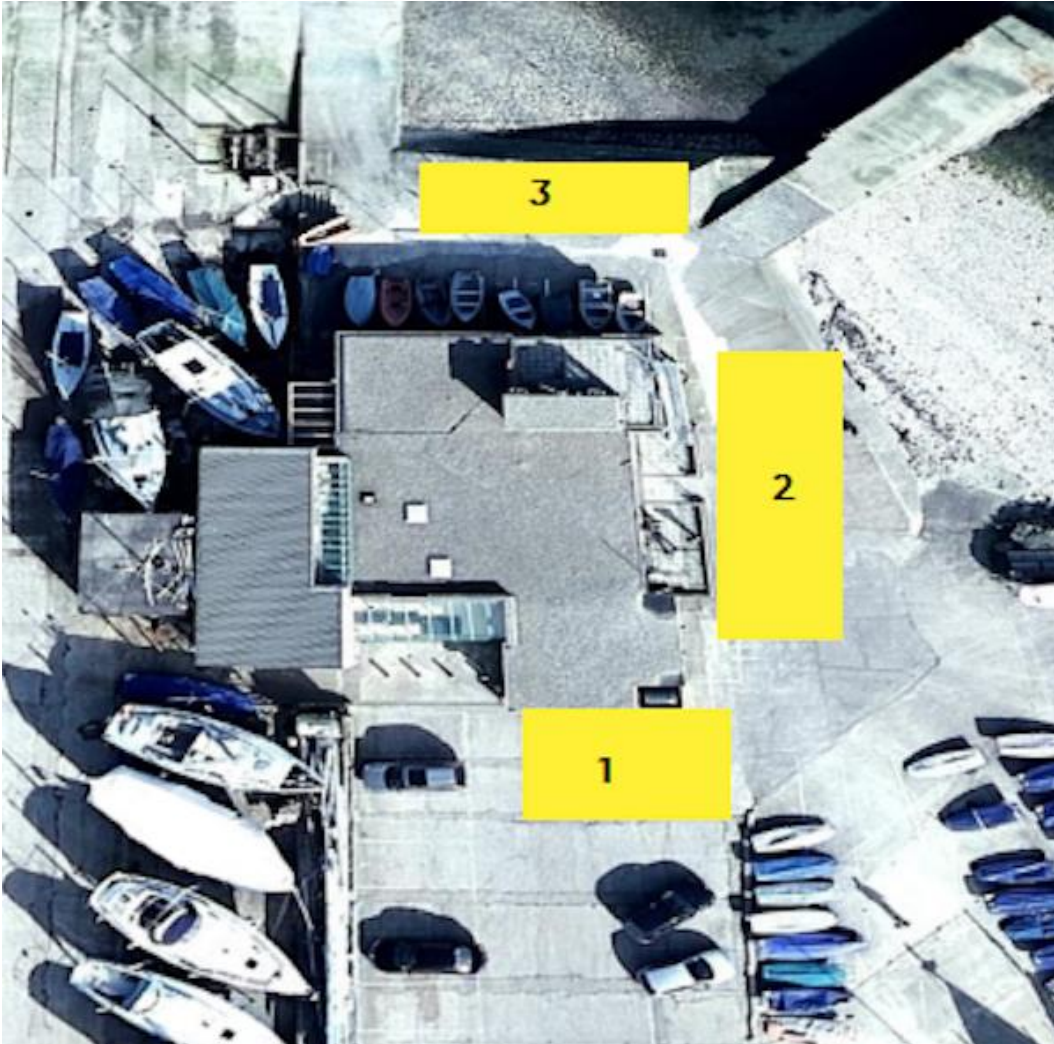
		<p>Weekly cleaning regime in place for toilet areas. Frequency will be increased when activity levels at club increase. Surface cleaner available for member use to clean used areas.</p> <p>Hand sanitisers are available on entry to clubhouse and should be used.</p> <p>Hand hygiene should be observed</p> <p>Posters are in place around the club and toilets to encourage good hygiene and social distancing.</p>	
Changing rooms (currently closed)	High	<p>Under current government restrictions the clubhouse will remain closed.</p> <p>Members should arrive and depart from the club in their sailing gear.</p> <p>Upon the easing of lockdown restrictions, the changing and shower areas will be marked with black and yellow tape to spread users 2 metres apart.</p> <p>Only two people will be allowed in the male showers at once, and only one person in the female shower.</p>	Low
Car Parking	Low	<p>When organised training and racing is permitted members will be directed to park in the 'overflow' carpark. This will allow ample space for social distancing between cars.</p> <p>Closing the club carpark; creates more space for sailing groups to manoeuvre and maintain social distancing. Allows social distancing and safer while launching and recovering boats with tractor/ winch house.</p> <p>Members are discouraged from lingering in car park before/ after activity.</p>	Low
Indoor meetings (not currently permitted)	High	Committees and sub committees meet remotely (online meetings)	low
Kitchen	High	Kitchen facilities are currently closed.	N/A

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(closed)		<p>No club functions or meals are planned.</p> <p>No members should access kitchen while indoor facility use is not permitted.</p>	
Bar/ Lounge areas (closed)	High	<p>The indoor bar is currently closed.</p> <p>Members should not access lounge areas of clubhouse while indoor facility use is not permitted.</p> <p>Outdoor areas at hospitality venues (cafes, restaurants, bars, pubs, social clubs, including members' clubs) can reopen.</p> <p>A maximum of six people from two households can be seated together. Children aged 12 and under are not counted in the total. More than six will be permitted if they belong to a single household.</p> <p>Apart from entering and leaving the premises, the only movement allowed indoors is to access toilet facilities, to select food from a buffet or to pay – however, social distancing must be maintained.</p> <p>Venues will also be required to collect customer details to help with the Test, Track, Protect contact tracing programme.</p> <p>Customer details will include the:</p> <ul style="list-style-type: none"> • Name and telephone number of each visitor over the age of 16 • Date and time of arrival 	N/A
Clubhouse (all areas except toilets)	High	<p>Clubhouse remains closed.</p> <p>Members can access toilets only when on site for outdoor activity (see WC guidance above)</p>	N/A

DISCLAIMER: Please be advised that the above measures are the recommendations of the General Committee. The decision to go afloat is always the responsibility of the individual.

APPENDIX 1: DINGHY PARK RIGGING ZONES FOR DISTINCT GROUPS



APPENDIX 2: TEAM SPORT RISK ASSESSMENT- MULTI-HOUSEHOLD BOATING

Here is a flow diagram to help you understand and mitigate the risk:

